

# Wu Dao Presents Master Wei Lun Huang...



# 楊氏太極拳一百零八式

## Yang Style Tai Ji Quan 108 Form, Part 2

Saturday, June 11, 2011, 4:00-7:00 PM  
and Sunday, June 12, 2011, 12:00-4:00PM

Tai Ji Quan, Grand Ultimate Boxing, is a Chinese martial arts system with hundreds of years of history. It features effective combat techniques and has qualities that are conducive for improving physical health and mental wellbeing.

The 108 Form is a traditional and fundamental form in the Yang Style Tai Ji Quan system. As the name indicates, the form contains 108 moves. Practiced at normal speed, the form requires 45 minutes to perform from beginning to end.

During this weekend workshop, Master Huang will review the first third and begin teaching the second third of the form with great emphasis on understanding the movements

- ▶ Saturday or Sunday: \$90, Non-Wu Dao Students \$120
- ▶ Both Days: \$165, Non-Wu Dao Students \$220

Register by May 31, 2011 to receive 10% early registration discount.



**About Master Wei Lun Huang:** Master Huang has been studying internal arts since was a child and has been teaching for over 35 years. His teaching repertoire includes Yang Style Tai Chi, Hsing Yi, Ba Gua and Liu He Ba Fa. He also works with students on Chi Kung, Tai Chi Sword and the martial applications of Tai Chi. .

**About Wu Dao:** Wu Dao Kung Fu and Tai Chi is the premier Chinese martial arts Center in Cambridge, MA, specializing in training adults, teens, and children in Chinese martial arts. Wu Dao programs help students improve overall health and internalize the art of self-defense.

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